

*The Gathering Place programs and services are for those actively dealing with cancer in their daily lives. This includes those in treatment, those who are coping with the physical and/or emotional side effects from treatment, those who are actively supporting someone with cancer, or someone who is grieving the recent loss of a loved one from cancer.*

**The Gathering Place East (TGP East) Blue:** *The Arnold & Sydell Miller Family Campus • 23300 Commerce Park • Beachwood, OH 44122*

**The Gathering Place Wellness Center (WC) Orange:** *23295 Commerce Park • Beachwood, OH 44122*

**The Gathering Place West (TGP West) Green:** *800 Sharon Drive, Westlake, OH 44145*    **Off-Site Programs (O) Red**

## HEALING ARTS

*Call for an appointment for our 30 minute, fully clothed healing touch therapies. Children under 18 must have a signed consent form from parent or legal guardian and an adult present during the healing sessions.*

### **\*Reiki** *(unlimited number of sessions)*

A Japanese healing tradition that provides nurturing and stress reduction. This hands-on healing allows a person to heal by balancing the energy that flows through all living things.

### **\*Massage** *(3 sessions/year)*

Promotes relaxation and stress management.

### **\*Reflexology** *(3 sessions/year)*

Pressure is applied to reflex points in the feet and hands to ease tension and stress.